

## Saskatchewan Herb and Spice Association

Saskatchewan Herb and Spice Association is an industry association that supports a viable herb and spice industry from the shelf to the field including value added production and processing.

SHSA is a leader in education and communication in the herb and spice industry.



From culinary herbs to natural health products to spices to new crops to wild-crafting.....

*Connecting and promoting the herb and spice industry from the shelf to the field*

As one of its many services SHSA will now be promoting and selling some of the books and publications we love best.

Find out more about SHSA at.....

[www.saskherbspice.org](http://www.saskherbspice.org)

## Natural Chemicals from Northern Prairie Plants

*by Mark Hetherington and Warren Steck*

This reference work provides a wealth of information not previously brought together on the natural molecules found in native and naturalized plants of the northern prairies. The volume should interest chemists, botanists, biotechnology researchers, phytoproducts businesses, specialty crop producers, processors, nutraceuticals developers and people in the herb industry. The 279-page volume provides well-summarized information on 1000 species, including:

- Botanical and common names \* Taxonomic status, Plant habit, size, form and colour \* Distribution and abundance
- Chromosome numbers \* Extract yields
- Seed oil profile \* Essential oil composition
- Specific molecules found \* Molecular structures
- Traditional and current uses \* Patents

Item #004

Retail price coiled \$75.00

## Herbal Medicines

*by Joanne Barnes, Linda A. Anderson and J. David Phillipson*

Herbal Medicines is the internationally acclaimed guide for healthcare professionals to herbs commonly used in complementary and alternative medicine. First published in 1996, this new 2nd edition has been substantially revised and expanded to include new herbal materials and to take account of the recently published literature on this subject. In addition to an overview of the uses, efficacy and safety of herbal medicines, data on legislation applicable to the use of herbal substances in medicine is provided. Additionally, detailed, structured, monographs on 148 of the most commonly used herbs are included. Authoritative information detailing the phytochemical, pharmacological and clinical aspects of herbal medicines is described including data on usage, dosage, safety, efficacy and interactions; all referenced to the primary literature. Of note, the BC Pharmacy Association 'adopted' this reference as a required book for the Herbal Medicine reference element for pharmacies.

Item #005

Retail price \$98.95

## SASKATCHEWAN HERB AND SPICE ASSOCIATION

## Books and Publications

*Building a viable herb and spice industry to include value added production and processing.*



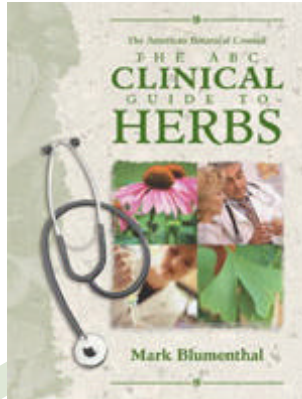
## SASKATCHEWAN HERB AND SPICE ASSOCIATION

Books at SHSA  
Box 18  
Phippen, Sask.  
S0K 3E0

Phone/Fax: 306-398-2918

Email: [books@saskherbspice.org](mailto:books@saskherbspice.org)  
[shsa@imagewireless.ca](mailto:shsa@imagewireless.ca)

## The ABC Clinical Guide to Herbs By Mark Blumenthal



The ABC Clinical Guide to Herbs is a "comprehensive clinical studies table for each herb including brand name of the product studied, important information on safety and drug interactions, clinical monographs, clinical overviews and patient informations sheet"

Item #001

Retail price \$82.50



### Herbal drug Interaction by Robert Rogers

At Last the first truly comprehensive reference guide researched from all the existing clinical and scientific published works, as well as existing

reference books. Presented in an easy to manage, interactive format, designed to rapidly pinpoint warning situations.

Item #002

Retail price \$14.95



### Aboriginal Plant Use in Canada's Northwest Boreal Forest by Robin Marles, Christina Clavelle, Leslie Monteleone, Natalie Tays, Donna Burns

This handbook describes the traditional uses by aboriginal people of more than 200 different plants from Canada's boreal forest. It is the result of original ethnobotanical fieldwork in 29 communities across the boreal forest region of Manitoba, Saskatchewan, and Alberta. Natural resources of the boreal forest have always been essential to the dietary, medical, economic, and spiritual well-being of First Nations people, but until now much of their traditional environmental knowledge has remained unrecorded and at risk of being lost.

To compile this book the authors, along with seven other First Nation trainees, five Métis trainees, and four other botany students, learned how to collect voucher plant specimens and record traditional knowledge about the use of plants for medicine, handicrafts, technology, and ritual practices. Over 100 elders contributed information that they felt should be shared among communities.

Item #003

Retail price Paperback \$25.95

## Books and Publications at SHSA

Item #	Description	Qty.	Price	Subtotal

Shipping/handling charges      Order total: \_\_\_\_\_  
 • Minimum of \$3.75      7% GST \_\_\_\_\_  
 • In Canada add 15%      Shipping/handling \_\_\_\_\_  
 • Outside Canada contact SHSA for rates      Total: \_\_\_\_\_

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 Signature \_\_\_\_\_

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